

I Love Air

Pledge:

I promise to love the air. I'll let it blow and tangle my hair. I'll let it carry my imagination far, far away. I'm glad I'm a kid who loves the air.

Page 1:

Everyone needs air to breathe--clean, clean air! I breathe in. Out. In. Out. I love air.

Can you hold your breath? Not for long! How many times do you breathe in one minute? People need air to live. Take a deep breath. You deserve it!

Page 2:

I love air. Air blows fluffy dandelion seeds far away. Blow, wind, blow. Carry the seeds to a new home. Grow, seeds, grow. I love air.

Find two downy feathers. Play this game with a friend. Let the wind carry your feathers away. Whose feather floats the farthest?

Page 3:

I love air. In the summer, the air is warmed by the sun. It feels good on my skin. Sometimes summer air smells like coconut suntan oil and flowers. I love air.

When you stand outside in the summer, what do you smell? Take a deep breath. Did you smell roses? Cut grass? Someone's barbeque grill?

Page 4:

I love air. In the winter, the air is so cold it gives me goosebumps. It makes my cheeks as red as my mittens. Winter air smells good--like clean icicles and snow. I love air.

Wind is air that is hustling and bustling. Listen to the wind howl. Can you howl like the wind?

Page 5:

I love air. My balloon flies in the air. Watch it dip and dance. Without air, how would balloons fly? I love air.

Blow up a balloon, but don't tie it shut. Hold the end so the air doesn't escape. Now, count to three and let it go! Watch it fly through the air. Play again. See how far you can fly your balloon.

Page 6:

I love air. Air makes the tree branches dance. It tickles the grass. It ruffles my cat's hair--and mine, too. I love air.

Make a wind stick from a long, straight pole or branch. Tape colorful ribbon or crepe paper to the top. Push the stick into the ground. Which way do the strips move? They tell you which way the wind is blowing.

Page 7:

I love air. In the swimming pool, I hold tight to my air mattress. The wind pushes me here and there. I pretend I'm a sea-riding sailor. Ahoy! I love air.

Fill a bowl with water. Use a straw to blow air bubbles under the water--first slow, then fast. Add a few drops of dishwashing soap. What happens when you blow through the straw?

Page 8:

I love air. I hang my wet swimsuit on the clothesline. The air blows and blows until it is dry. Now my suit is ready to wear again tomorrow. I love air.

Instead of putting laundry in a clothes dryer, hang it outside. The air does a good job of drying clothes...and makes them smell good, too.

Page 9:

I love air. Dad and I ride our bikes to the country. We stop just to breathe. The air smells clean. I love air.

Find a blank piece of paper. On one side, draw a world with clean air. On the other side, draw a world with dirty air. What makes air dirty? How can people keep air clean?

Page 10:

I love air. Clean air is good for all living things--like you and me. I love clean air.

Think of places you could walk or ride your bike instead of riding in a car, bus, or taxi. Walking and biking help keep the air clean. Talk to your family about ways to stop air pollution.